

# SUNRISE CANTEEN MENU

@ Rp. 15.000

## Menu Items

Recipes will use real butter, cheese, mayonnaise, milk and organic fruits and veggies.

If you don't see what you want (like a different fruit), write in a suggestion – if we can get it, we will.

**Please place orders for 1 month at a time!**

### MONDAY

- € **EGG SALAD SANDWICH**  
Serving:  
Bread, Lettuce, Tomato and Eggs  
Bread:  
White € Toasted € Untoasted  
Brown € Toasted € Untoasted
- € **TUNA SALAD SANDWICH**  
Serving:  
Bread, Lettuce, Tomato and Tuna  
Bread:  
White € Toasted € Untoasted  
Brown € Toasted € Untoasted
- € **SPAGHETTI Napolitana + SALAD**  
**With (optional)**  
€ Tuna € Cheese

### TUESDAY

- € **CAPCAY + RICE**  
Mixed vegetables (carrots, sayur hijau, cauliflower, mushrooms, leeks) served with white rice.
- € **NASI GORENG**  
Fried Rice with egg and vegetables.
- € **FISH NUGGET + FRIES**  
Fish nugget + fries from fresh potatoes with skin

### WEDNESDAY

- € **PIZZA**  
Pizza with Salad
- € **PEANUT BUTTER AND JELLY SANDWICH**  
Served with:  
Carrot stick, Cucumber and Pineapple
- € **MACARONI and Cheese with Salad**

### THURSDAY

- € **TUNA on a BUN w/CHEESE + SALAD (White or whole wheat)**  
Tuna with cheese in a bun
- € **TOASTED CHEESE SANDWICH + SALAD (White or whole wheat )**
- € **CAPCAY + RICE**  
Mixed vegetables (carrots, sayur hijau, cauliflower, mushrooms, and leeks) served with white rice

### FRIDAY

- € **TOMATO / EGG / CHEESE SANDWICH**  
Bread:  
€ White € Toasted € Untoasted  
€ Brown € Toasted € Untoasted
- € **VEGGIE BOWL**  
Green pepper, Red pepper and carrot stick in a pepper bowl with salad dressing dip
- € **GARDEN SALAD**  
Lettuce, tomato and cheese PLUS Pick 3 :  
€ Mushrooms € Celery € Carrots  
€ Corn € Peppers € Onion

### **DESSERT :**

(Mark M, T, W, TH, or F to designate day you wish to have that dessert served)

#### Fruit:

€ Pineapple € Banana € Orange € Melon

#### Berry Juice :

€ Orange € Strawberry € Apple € Guava

#### Cake Or Cookies:

€ Banana Cake € Brownies

**Note : On any day, eggs are available and will be accompanied by salad, raw veggies or a fruit plate.  
Hard boiled, scrambled, omelet**

## Sunrise Canteen Monthly Order Form

Student's Name:

Student's Grade:

Total Cost:

	Monday	Total
	Tuesday	Total
	Wednesday	Total
	Thursday	Total
	Friday	Total
	Monday	Total
	Tuesday	Total
	Wednesday	Total
	Thursday	Total
	Friday	Total

Student's Name:

Student's Grade:

Total Cost:

	Monday	Total
	Tuesday	Total
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